

Foods That Work

Main Dishes

Fried chicken
Meatloaf
Pork chops
Hot dogs
Sloppy Joe's
Grilled hamburgers
Chinese food
Turkey dinner with all of the trimmings
Ham
Pizza
Stir fry chicken and vegetables
Tacos with lots of options both hard & soft shell
Chicken/wild rice/cream of mushroom soup dish
Soup/Salad/Sandwiches

Side Dishes

Broccoli salad
Re-fried beans
Macaroni & cheese
Sweet potatoes
Plain bread
Potato salad
Fresh vegetables with dips
Fresh fruit - peeled and cut
Green salad with extras to add: cucumbers, tomatoes, carrots, etc.
Baked potatoes with lots of toppings
Hash brown dish with cream soup
Greens

Breakfast

(Weekend Hot breakfast - Guests must know ahead of time)
Pancakes
Egg dishes
Individual yogurt
Juice boxes
Chocolate milk
Cereal

Breakfast-to-go

Pop-tarts
Bagels
Muffins
Breakfast bars
Coffee
Juice

Packed Lunch

Lunch meat
Bread
Chips
Fruit
Fruit snacks
String cheese
Last Dinner Leftovers
Juice boxes

Foods That Don't Work

Fruit salad with nuts
Tossed salad
Salmon or Fish
Steak
Exclusively Vegetarian dishes
Hot dishes/casseroles with many types of ingredients

(Updated - Dave Watts, 06/22/11, 07:25)